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Headteacher Mr Adam Barber

Friday 5th April 2019

Dear Parents/Carers,

Re: Relationships and Sex Education (RSE)

Three years ago, we introduced a new programme called 'Jigsaw' to help us teach Personal, Social and Health Education (PSHE) and we are finding it to be a highly effective scheme of learning. The Jigsaw programme (jigsawpshe.com) is used by the majority of Bristol primary schools, including our partner Infant school, and it offers a comprehensive [PSHE curriculum](#).

This includes a series of lessons for each year group on RSE which are taught in Terms 5 and 6. These lessons form two learning units called 'Relationships' and 'Changing Me' which are carefully designed to meet the needs of the age and stage of development of the children as they progress through the primary phase. One focus of the lessons is teaching children how to keep themselves safe in a variety of different situations, so they play an important role in the school's safeguarding provision.

The key aims of the units are to:

- Help young people develop positive and healthy relationships appropriate to their age, development, etc.
- Support young people to have positive self-esteem and body image, and to understand the influences and pressures around them.
- Enable young people to understand and respect their bodies and be able to cope with changes to their bodies without fear or confusion.

On the [Guides for Parents](#) section of our website, we have published Jigsaw's RSE guide which we recommend you read as it includes detailed information on what is taught and should answer many of your questions. Our [Relationships and Sex Education policy](#) on the school website outlines in greater detail what is covered in each lesson from Year 3 to Year 6.

In March 2017, the Government announced that Relationships education will become statutory in all Primary Schools from September 2019. Relationships AND Sex Education will become statutory in Secondary Schools from September 2019. Parents can currently withdraw their children from any part of the RSE programme that does not form part of the statutory National Curriculum. There is more information about this in part 6 of the Jigsaw guide. Should you wish to withdraw your child from all or part of the programme, or have any further questions about the Jigsaw teaching materials we use, please discuss this with your child's class teacher.

Yours sincerely,

Adam Barber
Headteacher



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